

Name:

Date:

# What Are We Eating?

## Class Data Collection Sheet

### Family Responsibilities and Role Models

Responsible for cooking for a family member

Learned how to cook from a family member/adult

Grows food in a garden/yard

Goes grocery shopping with a family member

Eats meals with their family regularly

### Cultural Norms and Traditions

Eats foods traditional to their culture

Eats foods from a variety of other cultures

Interested in trying new foods from other cultures

Eats specific foods on specific occasions

Buys foods from specialty stores for traditional recipes

### Environmental Awareness and Concern

Buys food that is locally grown

Eats a lot of foods that are Native to California

Eats a lot of organic foods

Avoids foods that are bad for the environment (ie beef)

Can identify edible foods in the environment

### Pop Culture and Peer Culture

Eats food that are popular with peers

Eats at popular fast food restaurants

Usually eats the same foods as their friends

Thinks it's weird to eat certain foods

Interested in trendy foods that because they're popular