Food Origins

Directions: The CIAT map shows the origins of the world’s top 151 crops. Use the map to analyze the origins of the food you consume.

Identify at least one food that you enjoy eating from each of the continents represented.

North & Central America:
South America:
Europe:
Africa:
Asia:

Name 5 foods whose origins surprised you.

Based on your family’s diet, which region of the world most influences your eating choices?