<u> 3 R's - Reflection Exercise</u>

Instructions: In the small circle, draw a picture of a place that is important to you. It can be a place you like to visit with friends or family, or a place you like to be alone. Maybe it's a place that you cannot imagine living without.

Then, starting at the top of the big circle and going *clockwise*, answer each question about your relationship with this important place.



Name:

Date:

