Case Study: Cordelia’s Social Media

Gathering Information:

1. What kinds of snacks does this teen eat?

2. What kinds of exercise does this teen enjoy?

3. What kinds of activities does this teen do with their friends?

4. What food-related activities does this teen do with her family?

5. Where does this teen get most of her food?

6. What kinds of beverages does this teen enjoy?

Wrap up:

1. Describe Cordelia’s interests and activities.

2. Describe Cordelia’s eating habits. What kinds of foods does she seem to enjoy?