"We lived on the coast where the creeks came out to the sea because that's where the food was. You could get everything you needed, to build with, to dress with, to eat, to get medicine."
"There's a right way of doing things and a wrong way... take with a please and give back with a thank you."
"We started Indian dancing here when we were little. It's amazing to be dancing and still be in touch. It brought us home. It was life-changing."
"Tribes had been fishing sustainably for thousands of years, we show up, and suddenly they can't fish in these places anymore."
"While humans can have negative impacts on nature, they can also stop those negative impacts and let Nature heal herself."